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Wamboin Community Assn https://wamboincommunity.org.au
Bywong Community www.bywongcommunity.org.au

Fire Brigade http://wamboin.rfsa.org.au
Bywong and Wamboin Facilities and Contacts

Bywong Community	Justin Jarvis - President	0404 460 568	president@bywongcommunity.org.au
Bywong Hall Bookings	Bookings Officer		lrrhallbywong@gmail.com
Church - Anglican	Gai Donald - Warden	0438 400 364	peterandandrew2012@gmail.com
Community Nurse	Heather Morrison - Bungendore	6238 1333	
Wamboin Rural Fire Brigade	Neville Schroder - Captain	0409 991 340	wamboincaptain@gmail.com
Geary's Gap Pony Club	Cameron Smith	0419 449 747	
Golf	Ken Gordon	0455 839 840	ken.gordon1962@gmail.com
Injured Wildlife	Wildcare – Helpline	6299 1966	
Justice of the Peace	Andrew Stainlay – JP	0408 469 880	stains@bigpond.net.au
Justice of the Peace	Leanne (Lee) Ward – JP	0411 207 317	leannefward@gmail.com
KYB Bible Study Group	Robyn Doran	6238 3469	rdoran4@bigpond.com
Landcare	Kathy Handel - Treasurer	6238 3596	khandel@bigpond.net.au
NSW SES (assist – storm/flood)	NSW Call Centre	132 500	
NSW SES Bungend. (non-urgent)	After Hours Duty Officer	6238 0222	
Sutton School Playgroup	Felicity – Contact Person	0413 174 204	Playgroup.sutton@gmail.com
Table Tennis	Mike Muston	0406 606 238	mikemuston@gmail.com
Wamboin Community Assoc.	Jenny Richards - President	0490 020 165	president@wamboincommunity.asn.au
Wamboin-Bung. Book Group	Sally Saunders	0419 303 229	sally.saunders1@bigpond.com
Wamboin Hall Bookings	Joan Mason	6238 3258	wamboinhall@gmail.com
Wamboin Markets	Meriel Schultz	6238 3309	lmsconsulting@bigpond.com
Wamboin Play Group	Denise Lang – Co-ordinator		wamboin.playgroup@gmail.com
Gearys Gap Pony Club	Kate O'Connor, President	0413 008 824	gearysgap.ponyclub@gmail.com
Wamboin Pony Club	Stacey Burgess -Contact Person	0414 672 979	wamboinpcsecretary@gmail.com
Wamboin Thurs Social Grp	Narelle Pumphrey	0438 917 206	pumpbnjc@westnet.com.au
Greenways Mgmt Commtee	Chris Schweizer - Chair	0404 823 022	beltrim1108@gmail.com
Wonderful Women of Wamboin	Gail Ritchie Knight	0416 097 500	whirlwind1@argonite.com.au
ARF (Rescue Dogs)	Lisa Whitney	0408 260 796	lisawhitney059@gmail.com

The Wamboin Whisper: The Whisper is a monthly community newsletter established in 1981 by and owned by the Wamboin Community Association. The Whisper is printed at Elect Printing in Fyshwick at the start of each month, excluding January. It is distributed to every letterbox in Wamboin, Bywong and Queanbeyan-Palerang Council residents just southeast of the Federal Highway. Each issue goes to volunteer deliverers by the first Sunday of the month and is also then available at www.wamboincommunity.asn.au. Any proceeds from advertisements in The Whisper after printing costs go to the Wamboin Community Association.

Contributions to the Whisper: Contributions from all residents are encouraged, valued and the main content of the newsletter. The current editor is Ned Noel, 17 Reedy Creek Place, Wamboin, 2620, phone 0409 997 082. Paul Downey of Cooper Road also shares the editing. Please email contributions to nednoel@optusnet.com.au or mail them or drop them off. On contentious matters the Wamboin Community Association will strive to maintain a balanced view, by seeking advice from the editorial team and by seeking alternative views to be published in the same edition. The deadline for each issue is the last Sunday night of the month before. There is, by tradition, no January Whisper, mainly to give all its volunteer workers a rest. The **deadline for the November 2024 issue is 7 pm Sunday night, October 27, 2024. Advertising prices,** per issue, based on rough fraction of the inside the margins A4 area: 1/8 \$24 1/6 29 1/4 \$35 1/3 \$44 1/2 \$70 2/3 \$97 Full Page \$140.email or phone the editor as above.

Young Entrepreneurs: Rebecca Purdie – pet/horse sitting 6238 3343

Grace Taylor 0490 758 476 baby sitting and tutoring for primary school students gracetaylor145@gmail.com

Kathleen Dunkerly - baby sitting - 0435 794 070 <u>kathleen.dunkerly07@gmail.com</u> Elly and Rex Collins - house cleaning 0418 979 474.

WCA SPRING TALK – Tuesday, October 15, Wamboin Hall, 7:30 pm Lachlan Gilchrist from Lake George District Fire Control Centre

- Predictive overview of 2024 fire season
- Pinch points of risk to our community
 - Q & A How to prepare

Residents strongly encouraged to attend

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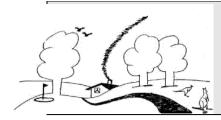
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Wamboin Community Association President's Notes



Well Spring is here with some wild weather and hopefully nicer days. There is a lot going on for the rest of the year.

- 1. Bonfire and Fireworks Night. The annual Bonfire/Fireworks Night was held on the last Saturday in August. It was a wild night for wind so much so the executive decision (made at 6pm) was that the bonfire itself was too dangerous to light. Perhaps because of the weather numbers were down however everyone who did come (and we still had well over 1,000 people) enjoyed themselves. The fireworks were not effected by the weather and were spectacular and all service groups reported good attendance and profits. So on reflection a good night was had by all. The bonfire itself was lit by the fire brigade on Friday 27th September with a small number of residents watching and enjoying the event.
- The Wamboin Community Association with the Bywong Community Association hosted 2. Meet the Candidates Night. a successful Meet The Candidates Night on 3rd September. This was for the approaching Local Government Elections. At least 52 residents attended the night and most people seemed happy to meet the potential councilors.
- Community Talk. On the 15th October at 7:30 pm a community talk will be held at the Hall with a representative from Queanbeyan Fire Control to discuss the up-coming bushfire season and how people can be prepared, what to do etc. There should be more information about this event further on in the Whisper, so if you have any questions or queries about the approaching bushfire season come along. As mentioned it will be held at the Community Hall Bingley Way and begin at 7:30 pm. Tea/coffee and refreshments will be available afterwards to enjoy.
- 4. Community Christmas Carols. Claiming the date for our annual Christmas Carols event. This is a non-denominational community event to finish off the year on 6th December at the Hall. The event begins at 7:00 pm and is a lot of fun. Please come along. Entry is a present under the giving tree for someone less fortunate PLUS a gold coin donation for the sausage sizzle BBQ and drinks. All proceeds go to the Salvation Army. So come and enjoy yourselves and if any children want to be part of the Christmas Play please contact me Jenny Richard, President, on 0490020165 to organize parts. Hope to see you there.

WAMBOIN COMMUNITY CHRISTMAS CAROLS

Friday, December 6th 2023 @ 7:00pm

At Wamboin Community Hall, Bingley Way

Everyone is invited to come along and:



Join in the singing of Christmas Carols (both traditional and modern), ably led by our local musicians



Experience the Christmas Story, as presented by the children of Wamboin



Give generously to the Giving Tree (gifts and non-perishable food, preferably unwrapped or in a Christmas bag) for distribution by the Salvos



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Nutritional support for a horse who suffers laminitis is vital. For the horse that is prone to laminitis, clivers is a useful daily supplement to improve the integrity of the hoof as it is one of the most nutritional herbs available and especially high in Silica.

With the older horse whose circulation may be sluggish, hawthorn berry is a further support and full of bioflavonoids that improve the elasticity of the supportive connective tissue that can become strained when the feet are sore while improving the health of the blood vessels that supply the feet.

For the horse that has low grade inflammation in his feet, turmeric powder will help lower the levels of discomfort. Often when there is systemic inflammation, there may also be arthritis in joints or irritated tendons and ligaments, with these horses adding ginger powder to the mix will increase the efficacy of the turmeric in a similar way black pepper is sometimes used.

For pain relief, where there is ongoing pain yarrow combines well with turmeric as a general management and recovery approach. Devils claw powder can be very effective with acute stages, however if the horse is already on Bute, do not combine these two as you could increase the toxic effects of the drug or irritate the horse's gut. For the horse with a sensitive gut, white willow bark is a gentler option and hawthorn berry will increase the potency of this herb if needed.

Once a horse is through the acute stage, using liver herbs to address the two phases of detoxification will help cleanse the effect of the stress on the body. Dandelion root or St Mary's thistle powder will address phase one, while turmeric powder will address phase two so that any residual drug therapy is not recycled back into the body and the recovery period can then follow on with clivers, restoring integrity to the hoof.

For the horse where stress has been a trigger to the laminitic episode, chamomile flowers will support the nervous and hepatic systems, and help the muscles that have become tense while the feet have been sore.

Choose your herbs carefully when dealing with laminitis, keeping the selection simple also helps not to overload the horse further with too many herbs. Combining a nutritional herb with an anti-inflammatory herb and liver support herb is often enough to start restoring health, and a maintenance program can follow on with nutritional and circulatory support once the hoof is sound again.

Disclaimer: The information provided in this article is for educational purpose only. Some herbs are unsuitable with certain conditions, pregnancy, medications, and competition. As this article does not replace medical treatment, seek advice from your veterinary practitioner before using herbs. Consult your governing sporting body when using herbal products to ensure you do not contravene regulations. Copyright: Catherine Bird has been an equine natural therapist for 35 years working closely with Country Park Herbs for over 23 years offering advice to their clients.

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Bywong News

Hi Community! I am very pleased to say that I was re-elected as President of the Bywong Community Association at our most recent AGM on 19^{th} of September.

The BCA committee includes some new members and members with a vast experience. I really enjoy the collaboration we have as a team and the opportunity to bring many perspectives that represent our community and its varied needs.

Over the next year I will continue raising the profile of the BCA, holding events for the community and representing those who live in our area. To this end, I think a calendar of events will help bring us together as a community. Moving forward, dates for all our meetings will be up on our BCA Facebook page and here, in the Whisper.

We would also like to invite more people to come along to our meetings, whether you are an ongoing committee member, have a passion project, or are curious to see what is happening and provide some input. We know not everyone can make a regular commitment but we welcome all contributions in whatever way, shape or form. So if you have some time we would love to see you at one of our regular meetings or invite you to engage with our Facebook page.

We will be using Facebook a little more this year so please engage with our posts this will improve our reach and also get a better sense of community priorities. For those who are inclined, here is a QR code that will take you directly to the Bywong Community Association Facebook page.

Our job as the BCA is to represent our community so let me know how we can work together to keep it vibrant and connected!

Meeting Dates are the 3rd Thursday of the month.

7PM at the Bywong hall. Everyone is Welcome.

October	17	
November	21	
November	23	Community day
December	No meeting	
January	16	
February	20	
March	20	
April	17	
May	15	



President, Bywong Community Association







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The Wamboin Firefighter

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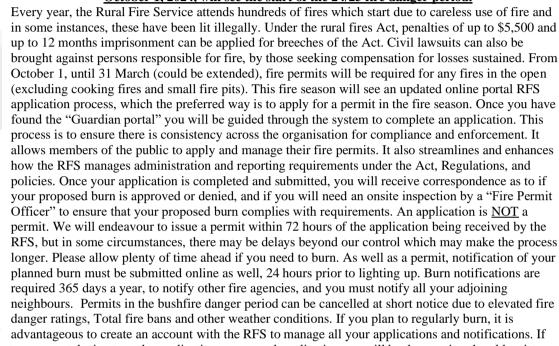


PREPARE. ACT. SURVIVE.

Callouts and what we have been up to.

Wamboin Brigade has been busy in the last month, with 8 callouts. 2 x MVA's, 1 x unknown fire, 2 x grass fires, 1 x tree alight and 2 other fire calls. The Get Ready Weekend event saw 23 locals visit our Community Engagement Team to discuss fire plans, property protection and other fire related issues.

October 1, 2024, will see the start of the 24/25 fire danger period.



you are unable to use a computer or smart device to make applications, a manual application can still be done, using the old written permit books by a Fire Permit Officer. All the information will be transferred to the Guardian system. The following link can be used to access the RFS Guardian portal, https://nswrfsprod.service-now.com/guardian csp?id=guardian index or it is easily found on the RFS website. Your local fire control centre is available Monday to Friday (business hours) on 61280600 to answer any enquiries or assist with an application.

A special visitor will be at the Wamboin Community Hall to speak about the coming fire season.

Guest speaker, Inspector Lachlan Gilchrist from the Lake George District Fire Control Centre, will speak at the Wamboin Community Hall on October 15th at 7.30pm. Lachlan is intending to give a talk about a predictive overview of the fire season, pinch points of risk to community and how to best prepare. With a return to normal fire season, with a dry start already, planning and preparation is more important than the last few years. Residents from Wamboin, Bywong and Sutton Park are strongly encouraged to attend, and will be able to ask questions and speak with our community engagement team. Refreshments will be available. Till next time, stay safe!

- Don Evans

Membership enquiries	Wamboinmembership@gmail.com
Wamboin Rural Fire Brigade	https://wamboin.rfsa.org.au
NSW Rural Fire Service	www.rfs.nsw.gov.au
Wamboin Facebook page	Wamboin Rural Fire Brigade
Queanbeyan Fire Control	6128 0600 (business hours only)

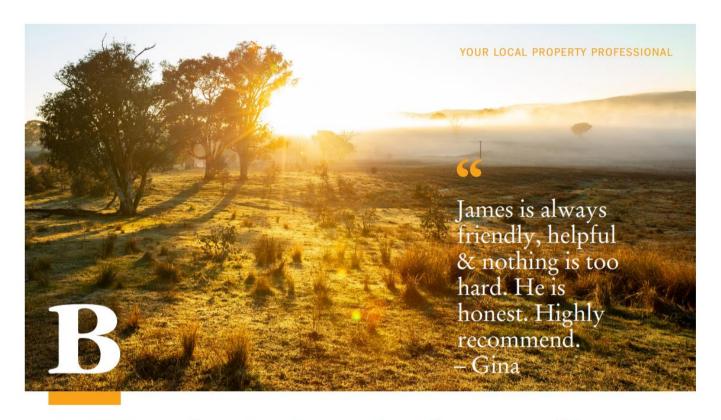
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September Golf

A very windy September 1st saw 12 very brave starters for a Spring Trophy, 3 stick Par Event sponsored by the Masons. A 3 stick Par Event is a hard game at the best of times but add a raging wind and it becomes cruel, but golf can fit that description on some days. With a Par Event if you played to your handicap you finish up with a score of zero.

Regular players absent were the Urquharts who have traded our beautiful windy weather for time in tropical Queensland, and the Gordons who are wrestling anacondas whilst swimming with piranhas in South America.

Back in the Clubhouse, out of the vicious wind it was decided not to ask for Spit the Dummy or Googly Ball stories, as they would only bring back memories of the unforgiving wind.

The regular barman, acting as MC thanked Joan and her team for running the Savoury Spud stall on Bonfire Night, which raised money for the Golf Club. That busy lady also provided the traditional Spring Rolls and nibbles for the après golf.

Ted's Joke was about Larry who claims that as he gets older he is getting more worried about the Hereafter. He says that he often walks into a room and then thinks "what am I here after"!

Junior winner was Robert Thomson. 9 Hole winners were Dave Hubbard from Pete Harrison then Ewan Prest. 18 Hole winner was David Bailey from Tim Barter.

For the record, I will note all scores. 9 down: Steve H. 8 down: Tim. 6 down: Chris, Matt, Robert. 5 down: Steve L. 3 down: Cameron, David, Larry. 2 down: Ewan. 1 up: Pete. 2 up: Dave.

October 6th golf day will be sponsored by Pete Harrison and would be a good day to massage your handicap for the November Open. Register at the Hall at 1215. - **Lofty Mason**

The Wonderful Women of Wamboin



The Wonderful Women of Wamboin (WWOW) meet on Mondays 10–12 at the Wamboin Community Hall. Over the years some of us have knitted hundreds of soft, stuffed trauma teddies for the Queanbeyan Ambulance Service to help comfort children and the feeble. Di Stoll continues the tradition such that we've lost count how many she has made.

We are a disparate group of women from different walks of life with varied interests. But that's what makes us interesting. So if you would like to join us, pop in on Mondays excepting the last Monday of the month when we often go out for lunch. Contact: Gail Ritchie Knight (0416 097 500, whirlwind1@argonite.com.au).



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THE COMMUNITY BANK BUNGENDORE SHOW

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SHOW DAY - 9am - 4pm Sunday 27th October 2024.

PAVILION COMPETITION - Saturday 26th October 2024

Find out more at https://www.bungendoreshow.com.au

The Bungendore Show is one of Bungendore's key annual events. Founded in 1879, until 2019 the Show had been running continuously since 1962, following a recess during WWII and the subsequent postwar years.

2024 will mark 145 years of the Show in the community and the first time that the Show will be held during Spring. Avoiding the hot summer will ensure that the Bungendore Show remains true to being the fun family event that the Bungendore community loves.

There are lots of family friendly activities at the show (either free or by gold coin donation).

For competitors the Show offers the full complement of country show competitions in all traditional areas

FEATURED EVENTS

- Pet Parade
- Dog High Jump
- Flat Chat Dog Races

- Wood Chopping
- Tug of War
- Young Woman Competition

YOUNG WOMAN COMPETITION

The AgShows NSW Young Woman competition (ages 18-25years) provides exciting and rewarding experiences for outstanding young women in our community. Winners have the opportunity to progress to the final at Sydney Royal Easter Show where \$5000 worth of prizes are provided.

Judging for this year's Young Woman competition will be on Friday 11 October at The Carrington Inn of Bungendore from 5:30pm. If you are interested in being involved or know a local young woman who we should contact Kate O'Connor at horses@bungendoreshow.com.au.

COMPETITIONS

All entries are now online and close prior to the show. The closing dates vary depending on the section, please see the web site for details. Entries are no longer "on the day". If you need any help with entering online, please contact the Show Secretary Kerrie at secretary@bungendoreshow.com.au or 0401 064 037. Everyone is encouraged to enter, and there are great prizes and categories for all ages.

PAVILION

- Vegetables, fruit and farm produce
- Flowers
- Cookery
- Preserves, Jams and Pickles
- Handicrafts
- Needlework
- Photography
- Art
- Home Brew Beers and Wines
- Wool

HORSES

- 8 Show Rings Hack, Hunter, Small Breeds, Large Breeds, Pony Club, Adult Riding Club, Riders with Disability, Stock Horses, Coloured, Heavy Horses & Harness
- Dressage
- Show Jumping
- Sporting

CATTLE SHEEP

Nature Notes – September 2024

The first month of Spring has given us some variable weather. We've had a few sunny days that have given us temperatures in the twenties, but also some clear cold nights that have resulted in white frosts. Not to mention several days of high winds strong enough to damage some of the trees. But, we have also had a enough rain to keep the country green.

Most of the local Wattles have passed their peak flowering period, although the Green Wattle (*Acacia decurrens*) is still carrying a few bright yellow flowers.

A few more of the pea plants are beginning to show some colour. The low-growing, prickly-leaved *Daviesia genistifolia* is bearing vellow and dark orange flowers and the Creeping Hovea (*Hovea heterophylla*) is still carrying dark mauve flowers. The

similarly coloured tiny flowers of *Glycine clandestina* are also making an appearance. This is a delicate climbing plant that often twines itself through other native plants, sometimes giving an attractive display of contrasting colours. The more robust climber, *Hardenbergia violacea* (False Sarsparilla), is providing flowers of a darker purple colour.

The yellow-centred white daisy flowers of the Hoary Sunray (*Leucochrysum albicans*) are beginning to appear along local roadsides. There is a golden-yellow form of this daisy along the road between Bungendore and Tarago. They disappeared for a while after the fire there several years ago, but a few patches of them have returned now and are flowering at present.

Other yellow flowers around in Spring include those on the Common Buttercups (*Ranunculus lappaceus*). Buttercups usually grow where there is plenty of moisture in the soil. But the small Austral Sunray (*Triptilodiscus pygmaeus*) grows well on quite dry ground. This one has tiny yellow button flowers.

The birds are beginning to contemplate nesting. Recently, a Magpie was hopping around with its beak full of something fluffy and a Pied Currawong was picking up a bunch of dry grass stalks.

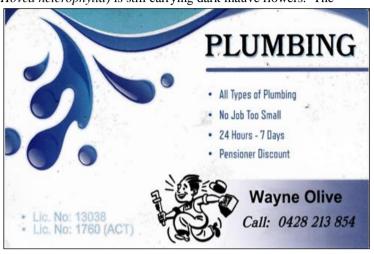
Lizards and snakes are beginning to appear in the warmer weather. A neighbour recently sent me photos of a couple of Brown Snakes stretched out together. And I got a bite from a rather ungrateful (but non-toxic) Shingleback Lizard I was moving from the road.

The insects are all busy too. I recently found a new nest of Jumping Ants (*Myrmecia* sp.), a small neat pile of soil,

twigs and tiny gravel. These insects react quickly to any disturbance and can give a nasty sting.

On a gentler note, the Kangaroo joeys are just emerging from their mothers' pouches and hopping around in the sunshine to explore their part of Wamboin. - **by Jo Walker**







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Bird Of The Month

By Luke Downey

I chose the Little Eagle for October, a small eagle that is quite scarce and declining locally but I have seen a few times recently. **Little Eagle** (*Hieraaetus morphnoides*) Size: 45-55cm (wingspan 150cm) Status: Rare breeding resident

The Little Eagle is small by eagle standards but still quite a sizeable and stocky bird nonetheless. They exhibit a dark crown and face with a small crest that can be raised, feathered legs, a square tail and a distinctive pale "M" shape across the upperwing. The species occurs in two colour morphs; the more common pale morph is a buffy-white below and grey-brown above, with pale underwings in flight and a pale panel in the outer primaries (flight feathers) which contrasts strongly with the otherwise dark primaries and wingtips. The less common dark morph is a rich dark brown overall, with dark underwings. Immature birds are variable, often rufous, developing paler or darker mottling as they reach adulthood. In flight, Little Eagles soar effortlessly on flat wings, with 5 clear dark "fingers" at the wingtips, barred flight feathers and tail, and rufous along the leading (front) edge of the wing. The species exhibits a very stable, controlled flight unlike some similar species like Whistling Kites which can have quite a lazy flight pattern. Little Eagles have a thin high-pitched call, a whistling 2-3 syllable "pip-it-it" or single "kleep". The species is quite scarce and declining, especially locally where it has been declared vulnerable in the ACT and NSW. They have large ranges and territories and occur singly or in pairs, making their distribution quite thin across the landscape. Unlike some species which remain on territory year-round, recent tracking has shown many of the local Little Eagles undertake long distance dispersal, travelling widely as far as Queensland and South Australia. Recently I have been seeing a pair along the Federal Highway between Sutton and Canberra, which is an area I have seen them on multiple previous occasions. This pair has a territory and breeds in the area, and they can sometimes also be seen along Sutton Road. There are also pairs on some urban Nature Reserves in Canberra such as Red Hill and Black Mountain. Outside of their territories the species wanders widely and can turn up anywhere from time to time, though they prefer open wooded areas with a good food supply (particularly rabbits and small birds). They tend to avoid the most barren and densely treed or forested areas.



<<< Dark morph

Light Morph >>>

Photos from Google Images



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Next Market 19 October 2024

Contact: Meriel Schultz 042 261 4304 Email: lmsconsulting@bigpond.com

The new season of markets fired up on the 3rd Saturday of september. By all accounts it was a welcome activity for locals after some cold and windy weather. Plenty of stall holders returned and a couple of new people joined them. The RFS were on hand with information about preparation for bush fire season. The 'cafe' returned to its former setting in the back room and was a popular meeting place as usual. Young Noah's fund raising for the Cancer Council - plus his rally car for the 'lunch box rally' proved popular and a formal presentation from the community bank bungendore was made. Once again thank you to the bank and to all our generous Wamboin supporters. Next market will be third Saturday of October and I'll be back from holidays by then. See you at the markets!





Yoga in Sutton

It feels so good! Tuesdays 10 -11:30 am Sutton Hall

Beginners welcome!

Maureen - 0402 900 033

enjoy.yogawithmaureen@gmail.com



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WAMBOIN WEATHER – rainfall and temperature records

(49 years from Cooper Road) by Christine Rieber

September Rainfall Stats	Average September rainfall 63.0mm
September rainfall to the 29 th 21.25mm	2023 September rainfall 17.75mm
2024 total rainfall to 29/9 520.25mm	2023 total rainfall to 29/9 471.75mm
	48yr Av. to end of September 497.8mm
October Rainfall Stats	·
2023 October rainfall 35.5mm	Average October rainfall 61.7mm
Wettest October. 197.5mm in 1976 & 2022	Average no. rain days in October 9.3
Wettest October day 59mm on 17/10/76	Highest no. rain days 21 in 1976
Driest October 4.5mm in 2006	Lowest no. rain days 2 in 2006
October Temperature Stats	2023 Oct. minimum 0.5°C
2023 Oct. maximum 29.7°C	Oct. 2023. Av. max 21.8°C & min 6.0°C
Hottest October day 32.4°C on 31/10/19	Av. Oct. temp 13.0°C (day+night comb.)
Coldest October day 6°C on 11/10/12	Hottest October night 17°C 29/10/77
(snowed)	Coldest October night2°C (2 times)
Average day temperature 18.7°C	on 18/10/13, 14/10/14
Warmest October 2017	Average night temperature 7.3°C
Av. day temp. 22.8°C & nights 8.0°C	Coldest October 2012
(high. 23.7°C in 2019)(high. 9.4°C in 1977)	Av. day temp. 16.9°C & nights 3.2°C
· · · · ·	(lowest 15.8°C in 2009)

16th September 2024 was the equal coldest September night with -4°C with the 1st September 2012. The average September night temperature (minimum), to the 29th, was 0.9°C below the 47-year average of 4.6°C, whilst the average day temperature (maximum) was 3.3°C above the 47-year average of 14.6°C.

Notification of Pending Kowen Forest Closure

Conservation Service will be conducting an aerial weed control operation within the Kowen Forest during Oct-Nov 2024. All operations meet safety and environmental requirements of the Environment Protection Act 1997, as per EPA Authorisation No. 0011. Weather permitting, the affected 35 ha will be closed to the public for approximately 1 week while the program is implemented. Forest Closed signage will be in place at entry to affected areas during operations. For more information, please contact ACT Parks and Conservation Service Forest Management Team via email; ForestEnquiry@act.gov.au



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How do I care for my Landcare plants?

By Leanne Brown

At our plant sales, Landcare members are often asked about the best techniques to plant and protect your precious tubestock. Here is a summary of the steps to follow when you bring your plants home.

Plant as soon as you can: Plants are grown and sold to carefully timed growth phases and you will often find that plants are positively jumping out of their tubes. Don't delay getting them in the ground. Plants will need daily water, and their growth will be inhibited if they are left in the tube for too long or if they dry out too much. Planting is best done in the Autumn or Spring growing seasons. Don't plant in the heat of Summer or in the hottest, middle part of the day and avoid planting in Winter if possible.

Dig a much wider hole than you think you will need: Some Landcare members have found creating a long trough for planting with a mechanical ripper can be much more effective to encourage plant growth, than digging a single planting hole for each plant. However, ripping is only feasible for large, in-line plantings. Even then, a single rip is unsuitable, as roots will grow straight along the ripline as the path of least resistance. Plants grown in single riplines can be unstable in high winds due to roots growing in a single direction along the ripline. When ripping, two to three rips are needed in proximity (around 300mm apart) to ensure roots can spread in all directions. If you need to dig, use a mattock as simply using a spade in our heavy, rocky clay soils can create a hard barrier impervious to root growth. Dig a hole about twice as deep as the pot is high and 2-3 times as pot is wide, then break up or disturb the sides of the hole to enable easier root penetration.

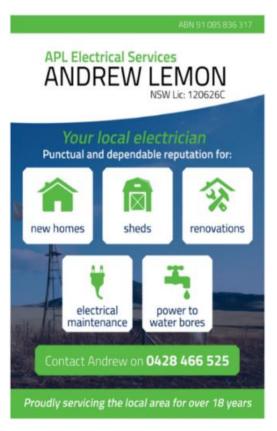
Water the plant and planting space well: Ensure that the planting soil, and tubestock are moist before and after planting. Ensure plants are mulched with clean weed-free mulch and follow up with watering at least once each week in the first few weeks, easing off as plants become established.

Special tips on protecting plants: We are often asked for ideas on how plants can be protected from rabbits and kangaroos. Chicken wire guards are the best solution if possible. Plastic guards are useful as condensation recycles water when it drains to the ground. While they can create a warm microclimate conducive to growth, if left in place too long, plastic guards can prevent air circulation, potentially overheating plants. Remove plastic guards once plants are established, before the plastic can inhibit growth and break down and pollute the landscape when they eventually break free and blow away. Stakes can be useful but don't tie your plants too tightly as they need to grow and develop their own stem strength. Rocks or mulch placed around the stem can be helpful but should be placed two to five centimetres away from the stem to allow it to breathe and grow.

Fertiliser: It's likely you will only need to fertilise once or twice shortly after planting to assist with establishment, or from time to time to boost the growing season. Use mild, organic, specially formulated low phosphorus native fertilizer such as blood and bone or pelletised slow-release native fertiliser mixed with compost or worm castings



These planting tips will ensure your plants are jumping from the ground on your block instead of from their tubes! Landcare will hold our first plant sale for Spring at the next Wamboin community hall markets on 19 October, 9am-12.00pm.



Yoga in Wamboin

Starting this **October** there will be **two Monday night** classes to choose from in Wamboin.

5:00-6:00pm Gentle Flow. This slower-paced class incorporates supportive props, including option for chairs, allowing you to enjoy a fulfilling yoga experience without the getting up and down from the ground of a traditional class.

6:30-8:00pm Deep Connection. This 90 minute class explores self connection, a strong yoga practice and extended savasana accompanied by a crystal sound bath. This Class will leave you feeling centred and refreshed, making it an ideal way to end your day.

Both classes offer adaptations and modifications to ensure everyone feels welcome and supported. To book head to grounded-motion.com/classes or contact Morgan on 0428409021 or info@grounded-motion.com

Beekeeping

The beekeeping season has started again and I just finished my first hive inspections. Two have survived the winter well but unfortunately I have lost one. It happens. Last season was probably the worst I have experienced in keeping bees in Wamboin for 14 years. I did not harvest any honey, I fed them regularly because they were clearly struggling to build up colony size and honey stores. Requeened in March and merged weak hives with strong ones. Hopefully this season will be a bit better with more bee friendly conditions. However, that might be wishful thinking. The Varroa mites are established now beyond the Orange and Sydney areas. It is only a few hundred kilometers away from us and if we are lucky then this season will be our last without having to manage this pest in our hives. The mites will get to us eventually because beekeepers move (infected) hives from one location to another for pollination services or following nectar flows. Through swarming from managed and especially feral colonies and drifting from mainly drones (male bees) from one hive another. All beekeepers should be

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registered with DPI (Department of Primary Industries). Especially now that Varroa mite is so close it is super important. Also, registered or not, everybody that has a beehive must now do an alcohol wash, sugar shake or soapy water wash as per the General Biosecurity Duty and the Code of Practice of that colony at least monthly to test for mites. The result (positive or negative) must be sent to the DPI. Once you have mites detected in your hive your beekeeping methods are changing. It will get more complicated, probably less fun and eventually you will need to treat them with chemicals (miticides) or if you don't want to do that maybe euthanise the colony. Beekeeping with Varroa is still possible. That has been done all over the world for decades. The mites have only just arrived in Australia and we have to adjust our beekeeping practices. I encourage everyone who has a beehive or is going to have one to educate themselves on how to keep bees with Varroa infestation. The times that you could plonk a (flow) hive in the garden without any beekeeping skills and or interrest are probably over. If you just let them bee you will create mite bombs that make it worse for the beekeepers who are trying to control the infestations.

From now up to mid summer is the time for colonies to swarm. Every beekeeper should take measurements throughout spring (and in fact even before winter) to avoid or at least discourage their natural swarming tendency. If you find a swarm of bees on your property contact a beekeeper to try to catch the swarm. Don't wait too long. If they choose to settle in your walls or chimney you have a problem. The ACT regional beekeepers association has a list with names and phone numbers of swarm collectors on their website.

I am happy to help when I can if you find a bee swarm and take them away, and also happy to help if you are a new(ish) beekeeper. - Adrian Meijer, Weeroona Drive, 0427 101 550





WCA Fireworks Raffle drawn August 31 at WCA Hall

With many thanks to our generous donors who supported our community. All prizes were redeemed on the night.

Trailer of Wood donated by the RFS

\$200 Voucher Bungendore Rural

Monster Meat tray #1(WCA & **Bungendore Butcher**)

Monster Meat tray #2 (WCA & **Bungendore Butcher**)

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What the Heck Chapter 28

How many of you are interested in buying a church building?

As demographics change, the need for a church building often wanes and the building is then only used for a few hours once or twice each month. So it just sits on a parcel of land and slowly rots away. Some parishes manage to maintain their buildings with generous donations of labour and dollars from locals, but others are put up for sale.

Many people buy these old buildings and convert them into very nice homes. Sometimes just as a one-room studio and sometimes as a multi-room home. Usually the new owners retain the exterior look so that passers-by immediately recognise it as an old church.

Our building in Wamboin is not very old and is used more than twice a month, so does not fit into the "disposal" category. Yet recently one could be forgiven for thinking that we had decided to sell St Andrews and abandon church life in Wamboin. Mid-September a "For Sale' sign appeared on the corner in front of the building. At first glance one would have assumed that the church was for sale, but closer inspection of the sign (that meant stopping the car then getting out and reading the fine print) revealed that the property for sale was further up Poppet Road.

But if St Andrews was for sale, how would it have been marketed?

For Sale: 25 year old church building, excellent condition, feature stained glass window, prime location, zero nearby facilities, air

conditioned, Wi-Fi connected, iffy mobile coverage, one large family room (can be two roomed if folding glass doors closed), one office, zero bed, zero bath (toilet only), kitchen (sink and cupboards), 20 cars (none under cover), expansive gardens, bell tower (with bell), gazebo (actually lych-gate). Suit henpecked husband with low hygiene and on a starvation diet.

Sorry if you were interested, but the building is not on the market.



Nor are the buildings at Sutton. As a church entity the SRMD is going along quite nicely thanks.





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Bookings:

wildroseequestrian@outlook.com

Cranial Anatomy – Concussion in Horses and Humans and link to the Gut – Emma Loftus

3 November 2024 Bookings: boyneequinehealth@gmail.com

Tori Jeffress Classical Horsemanship 30 November 2024

Bookings: Heidi Jessup (msngr)

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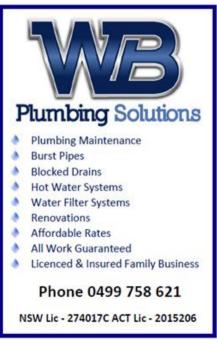
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How the Whisper Gets Into Your Mailbox Each Month

I thank Alice Scott and her husband Mario for distributing 170+ Whispers for many years to the 6 persons who place them in mailboxes near the west end of Norton Road. Paul Downey and his family will take on this task. I also thank Belinda Morris who has delivered for some years the stretch of Macs Reef Road between Newington and Bankers – probably the most challenging stretch of road in the list below. Without the month by month donation of time by the residents listed below, it would be impossible for Wamboin, Bywong and other residents in the newsletter's catchment area to have The Whisper. Please remember all residents listed below, as they do what they do in order to make their communities a little bit friendlier and more sociable. Without the businesses that pay to advertise in The Whisper we could not pay for printed copies. Finally, the articles, invitations and notices you read in each Whisper are only there because you or others in the community took the time to write it.

Fay Kelly Dave Power Fernloff Rd Andrea Sadow Poppet Rd 181: CO-ORDINATED BY KATHY HANDEL: ph 6238 3596 khandel@bigpond.net.au Joan Mason Sue Ward Norton Rd (Bingley to Weeroona) Kathy Handel Norton(Weero2Hilltop+Wimdra) 25 Phil Leeson&C Fogarty Lesley Page Valley View Ln Addrea Sadow Valley View Ln Bob Gordon Colleen Foster Cassie Fisher Clare Ln Joan Mason Bingley Way Ada Margaret Hekeimin Merino Vale Dr Weeroona Dr (Norton to Majors) Norton Rd (Campbell to Bingley) Phil Leeson&C Fogarty Vallana East Norton Rd — North End The Forest Rd area incl Joe Rcks Jules Clancey Norton Rd #1033-#1240 37 204: CO-ORDINATED BY GARETH JONES Ph: 6238 1988 givrjones@bigpond.com	27 15 47 19 32 27					
Andrea Sadow Poppet Rd 32 Alan Rope Sutton Rd 181: CO-ORDINATED BY KATHY HANDEL: ph 6238 3596 khandel@bigpond.net.au Joan Mason Bingley Way 44 Margaret Hekeimin Merino Vale Dr Sue Ward Norton Rd (Bingley to Weeroona) 32 Anne Gardner Weeroona Dr (Norton to Majors) Kathy Handel Norton(Weero2Hilltop+Wirndra) 25 Phil Leeson&C Fogarty Norton Rd (Campbell to Bingley) 235: CO-ORDINATED BY KERRIE FISHER: ph 6238 3489 Lesley Page Valley View Ln 4 Deb Gordon Yalana East Colleen Foster BdoreRd BtwnJoRocks&NortnRd 25 Dominica Lorimer Norton Rd – North End Cassie Fisher Clare Ln 12 Lyle Montesin The Forest Rd area incl Joe Rcks Jules Clancey Norton Rd #1033-#1240 37	47 19 32 27					
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James Houlcroft Macs Reef Rd (DenleyToGumFlt) 7 Maria Taylor Birriwa Rd & Gum Flat Lane	19					
Nora Stewart Rovere Ln 7 Justin Jarvis Smith Macs Reef Birriwa to Harriott	14					
Megan Wallace Harriott Rd 28 Volunteer Hoped For Macs Reef Rd (Nwington 2 Bankers)	11					
Sandra Favre Newington Rd 23 Carol & Clive Boughton Macs Reef (Bankers to Fed Hwy)	34					
Chrystal Earle Snowgum Road 26						
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Simon Lewis Federal HwSvcRd 24 Louise Baldwin Wattle Flat Rd	11					
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Chris & Kate M Sutton Park Estate 55 Russell Ball Macs Reef – Denley Dr to B'doreRd	26					
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Kerrie Gougeon B'dore Rd (CreekB to Fed Hwy) 33 Peter Sharp Doust Road	20					
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QPRC Mobile Library

The QPRC Mobile Library bus will be at the Wamboin Hall from 10.30-11.30am on Thursday 4 and 18 October 2024, and then fortnightly. The Mobile Library provides a wonderful opportunity to borrow books, CDs, audio books etc. Please support this great service. After you have visited the library drop into the Social Group and have a cuppa. – Narelle Pumphery

Wamboin Thursday Social Group

We are really pleased to advise that the group has received a Category B Annual Community Grants donation from Queanbeyan Palerang Regional Council which will go towards the hire of the Wamboin Hall for the Drop-In Group in 2024/25. This ensures that

the group will continue and continues to provide a networking opportunity for people who live in the Wamboin/Bywong area. The group operates every Thursday morning from 10-12 noon at the Wamboin Hall, Bingley Way and if you have a Thursday morning free, we would love to have you pop in for a tea/coffee, chat or a game or scrabble, rummykub or cards. . – Narelle Pumphery

Can you write something for the November Whisper?

Thank you to each of the 100 or so of you who together created and distributed and through ads paid printing costs for this October Whisper. Guidelines for content are;

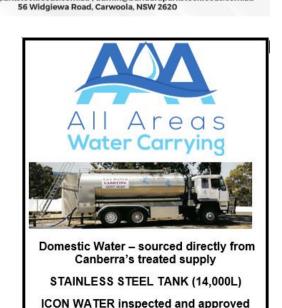
- Written by a Bywong or Wamboin resident and signed so as to let readers know the author is real and local
- Respectful of the many lifestyles and viewpoints among us
- Related to living in Wamboin and Bywong
- Not printed elsewhere
- Run as an ad if seeking income

Deadline for the November Whisper is 7 pm, last Sunday of October, so that's Sunday, 27 October.

 Ned Noel, volunteer editor on behalf of the Wamboin Community Association whisper@wamboincommunity.asn.au or nednoel@optusnet.com.au or 0409 997 082







0428 626 838 PO Box 7236 KARABAR NSW 2620

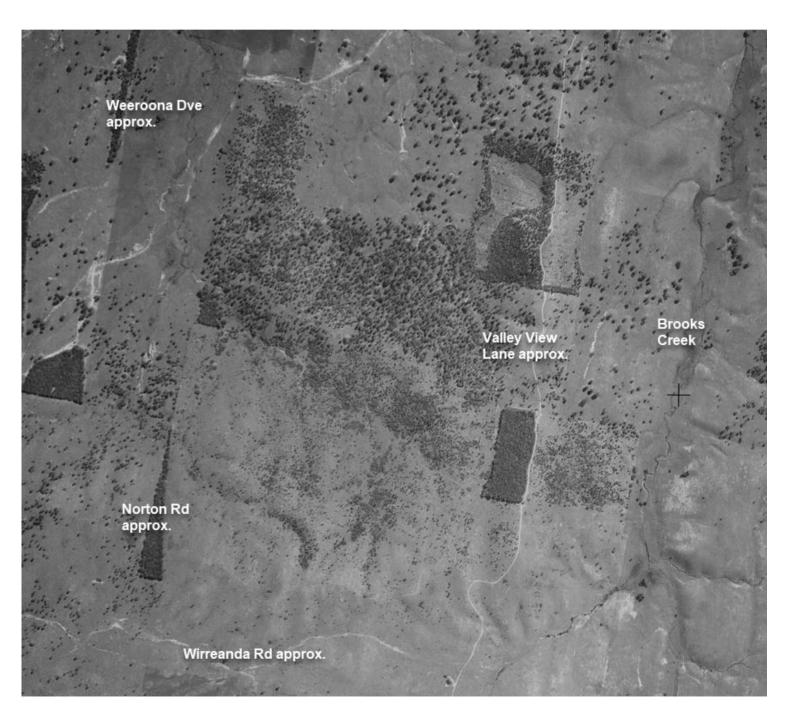
Servicing your local area for over 30 years!

Trends in Wamboin's vegetation cover with changing land use patterns David McDonald

The 'President's Para' in the September 1990 issue of the *Wamboin Whisper* (p. 3), penned by Malcolm Harrington, highlighted the marked changes in Wamboin's landscape following the closer settlement that commenced in the early 1970s. Malcolm wrote:

Welcome to the beginning of spring. The wattle trees and daffodils are splendid in their yellow bloom. After his address to the August meeting. David Rouse, from Yarrowlumla Council's Town Planning office. told me of how desolate the landscape was in this area twenty years ago when he first surveyed it for subdivision. There had been some years of drought and the land was barren and dusty. He commented that the area looked much the better for the dams, trees. gardens and orchards that the residents have introduced. It's heartening that an environment can be improved rather than just degraded by people. The colour of spring and the proliferation of trees in Wamboin is largely due to the efforts of residents. and in some cases with the sponsorship of the Community Association. This is one of the reasons that I feel good about living in this area.

The changes can be seen, to some extent, in the two images of Wamboin's Clare Valley area, below. They cover approximately the same part of the landscape. The first is from a 1956 aerial photography run sourced from Geoscience Australia Historical Aerial Photography, Film no. CAC89, Run 2, Frame 5043, date 29 March 1956, © Commonwealth of Australia. The second is satellite imagery from Google Earth Pro, dated 17 January 2023.





Notes:

The first image, the aerial photograph from 1956, can be accessed online at https://historicalaerialphotography.s3-apsoutheast-2.amazonaws.com/Scanned/CAC/CAC89/

CAC89 frame5043.tif. LARGE FILE WARNING: 257 MB.

The second image, the 2023 one from Google Earth, is reproduced in colour in the October 2023 *Whisper* which is available online at https://www.wamboincommunity.org.au/thewhisper/.

The power of movement

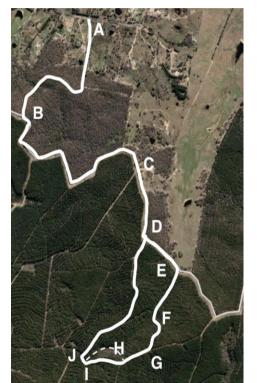
As someone with a body, just like you, I believe that keeping our bodies moving in different ways is important, **no matter age or ability.** For me that looks like practicing yoga regularly, diversifying the ways I sit, stand move throughout the day, and training my strength, balance, mobility and body awareness. I do all of this so I can keep doing all the other **things I love with ease**, like playing with my kids, camping, hiking and running. For my mum it's gardening and playing with her grandkids. For my brother it's adventuring, cycling and climbing. What we love to do may look different for each of us, **but moving and being able to move well** helps us to enjoy it fully.

One of the beautiful things about movement is that it is **adaptable to everyone**. Whether you're running after your kids or grandkids, gardening, hiking, or simply moving through daily life, having a body that's strong, mobile, and balanced helps you do what you love with ease. That's exactly what I want to help you tap into with the upcoming 'Balance and Play workshop'.

Join me for a session of **playful exploration** where we'll move, laugh, and discover new ways to build strength, balance, and coordination. This workshop is perfect for anyone wanting to **move with more confidence** in their everyday life, no matter your current level of strength or flexibility. Come ready to play with movement & balance and leave feeling empowered.

The workshop will be held **Sunday 13th October from 1:00pm - 3:30pm at the Wamboin Hall.**For more information or to book head to **grounded-motion.com/workshops – Morgan Hubbard**





KOWEN KAPERS - THE 1950S ARBORETA By Peter Komidar

In the February 2024 edition of *The Whisper* we were introduced to two Arboretum sites established in 1928 at the inception of Kowen Forest. Arboreta that remain to this very day. But they are not the only arboreta in Kowen Forest. In the 1950s three more arboreta were established on the then easternmost extent of the plantation estate.

One arboretum, sited on the eastern side of the middle arm of Welch's Rd (see last month's article for the strange shape of that road) was planted between 1954 and 1957 but was abandoned in 1958 due to drought. It was subsequently replanted with radiata pine.

Two other arboreta remain somewhat intact. The most significant of which, lies at the bottom of Steep Rd toward the base of Mt Amungula (H). Five species of pine were planted over 1955-56 including ponderosa pine, knobcone pine and Canary Island pine. Two hybrids of ponderosa and a hybridised radiata species were also planted. A few years later species name tags were affixed to a number of the trees - some of which remain to this day. Ironically, this arboretum was abandoned in 1971 because of the difficulty in identifying the various plots with most of the original marker pegs gone.

The third arboretum was sited on a peak (**D**) on Wamboin Break mid-way between Welch's Rd and Mt Amungula. Today, only a small portion of the site remains. Situated on the first intersection east of Welch's Rd, you'll find a large ponderosa pine with a species label attached. Surrounding this are a dozen other ponderosa pines and some very old radiata pines. Sadly, in early September, following severe winds, an old radiata pine, no doubt planted as part of the arboretum, was blown over.

Established in 1955-58, the site originally consisted of six pine species and two hybrids (of which our ponderosa is one). This site was also abandoned in the 1970s, being considered "A poor site with very slow-growing plots, the tallest being a plot of P. attenuata x P. radiata which was only 7.4 m high at 13 years of age". (This is in all likelihood the large radiata pine that just blew over). The site was subsequently resumed as part of the plantation estate, but the patch abutting the intersection managed to escape that fate.

By the 1970s, the scientific life of arboreta had just about ended. With radiata pine outperforming all species on almost all the sites, research now focused on breeding to further enhance its performance. And so the ACT plantation estate remains a radiata pine monoculture to this day. As if to highlight the issue, a freak hailstorm in 2016 gave rise to a Diplodia fungal outbreak in southern reaches of Kowen Forest. As a result, more than 300 hectares (six percent of Kowen Forest or about 200,000 pine trees) had to be harvested early to prevent the further spread of the infestation. A clear warning as to the dangers of continuous monoculture.

Directions: From Bingley Way (**A**), we enter Kowen at the Bingley Way horse entrance (**B**). Turning left, we follow Wamboin Break. Passing the Welch's Rd intersection (**C**) we encountered in last month's article, we continue east up a hill (**D**). After surmounting the hill, we descend into a valley with open fields to our left, and take the first turn right (**E**). This road ends at a T intersection (**F**). We turn left here and then turn right at the next intersection (**G**). Heading downhill we again turn right at the next intersection (**H**). The

Arboretum is on your right along this stretch of road. Look out for name tags affixed to trees along the roadside. We then continue all the way down the road until we hit a T intersection (I). Turn right and then take the next right turn (J) 100 m beyond. Follow the trail for 1 km to where it joins Wamboin break. Here at the intersection with Wamboin Break (D). On the right hand side of the trail, you'll find a tree with the same species identification tag as those we met on the slopes below. From here we retrace our steps back to the Bingley Way horse entrance and thence to Bingley Way. The total journey is 9 km in length.

Date	Kowen Events – October/November	
TBC	Logging operations in Sparrow Hill. No access	
September - TBC	Logging operations below Poppet Hill.	
20 October	Orienteering ACT - Australian Mountain Bike Orienteering Championships - West Kowen https://act.orienteering.asn.au/	
25-27 October	Dual Sport Motorcycle Riders Association - Kowen Forest Ride - Kowen Forestry Settlement https://www.dsmra.asn.au/kowen	